**Happ:y Wellness Beta User Agreement**

4/12/2020

Executive Summary

## Project Background

Happ:y Wellness provides innovative therapy mats with guiding marks and movable thin foam hand and footprints to facilitate communication between therapists and their clients. See: <https://www.happyw.co/shop-happy>

There are many barriers to effective telehealth and home adherence which slow or stop progress toward therapeutic goals. We believe using Happ:y Wellness products will: (1) make assessment and documentation of therapeutic progress easier to do; (2) increase therapist efficiency by simplifying communication of complicated therapy instructions in-person and while using telehealth; and (3) increase client and caregiver confidence for safely and accurately completing home therapy activities. We have tested our products with more than 25 therapists and have found easier engagement and quicker client understanding of therapy activities. We are looking for Beta users to assess the impact of Happ:y Wellness products on (1) use for telehealth; (2) home adherence and (3) achievement of therapeutic goals. We anticipate increased client and caregiver confidence with more frequent and accurate home practice.

## Project Overview

We will work with Beta users to evaluate Happ:y Wellness products in your telehealth setting. We will have no direct contact with your clients. Any information we receive about your clients will by anonymous. You will purchase at least 10 mats at a discounted price with at least one mat staying with the therapist(s) for use during therapy visits. You will provide at least 9 mats to your clients to use during their therapy visits at home for at least 4 visits. You may purchase as many mats as you desire. We will ship the mats to you and you distribute them to your clients.

We ask that you communicate with the Happ:y project coordinator within 5 business days of receiving your mats to review the project participation requirements. We will enroll you in the Happ:y Wellness listserv for user group discussion, questions and sharing. We will pose questions on the listserv 1-2 times a week requesting your feedback. You will have the option of a phone check-in 1-2 weeks after the first call and we will arrange a 30-minute end of project debrief call. Ideally you will complete working with your test clients within 4 months of your first phone call.

**Evaluation-** All client information we collect will be anonymous with no personal identifying information. Individual tracking logs will be mailed to you for your clients’ baseline and follow-up assessments using your usual methods. We request that you ask questions and record answers for a brief survey of clients or parents after at least 4 session of the therapy program. We will provide you with a postage paid envelop to return all assessment logs and survey results. We anticipate it will take you 10 minutes or less to complete each baseline and follow-up assessment tracking log and the final session survey.

**Participation Requirements**

* Engage at least 9 clients to use Happ:y products during telehealth visits and home practice. Ideally, you will engage clients with suspected barriers to home adherence.
* Complete the baseline and follow-up assessment tracking log for all clients after at least 4 visits.
* One therapist will be designated as project contact. Other therapists may participate in the project and share the therapist’s Happ:y Mat or you may purchase additional Happ:y Mats at the same discounted price. You may purchase as many mats as you desire.
* Talk by phone with the Happ:y project coordinator at the start and end of the project. Project coordinator will be available for phone, text or email questions or concerns.
* Purchase at least 10 mats at the discounted Beta user rate ($100/mat retail price).
* Ideally all participant activities will be completed within 4 months of receiving mats.

## Implementation Plan

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| --- | --- | --- | --- | --- | --- |
| Activity  | Months | 1 | 2 | 3 | 4 |
| Returned agreement signed by authorizing personnel | X |  |  |  |
| Start-up phone call after receiving mats (3-month clock starts) | X |  |  |  |
| Engaging clients | X | X |  |  |
| Complete baseline assessment tracking logs | X | X | X | X |
| Complete final client assessments and surveys |  | X | X | X |

## Potential next steps

We anticipate additional opportunities for Beta testing new Happy Wellness products and services in the future to further facilitate communication and home adherence. We will advise you of new opportunities as they develope and inquire about interest in participation

Contact paulm@happyw.co with additional questions:

**Approval and Authority to Proceed**

We approve our organization’s participation in this project as described in this document.

|  |  |  |  |
| --- | --- | --- | --- |
| Name (please print) | Title | Signature | Date |
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